



Supportive Living, INC.
BRAIN INJURY PROGRAMS

Brain Injury Physical Fitness Internships Fall 2018

Intern Role: Assist with delivering a physical fitness program designed to improve the quality of life of survivors of acquired brain injury (ABI).

Location: SLI Brain Injury Health and Wellness Center, 7 Oakland St., Lexington, MA

Fall Programs: 9/24 – 12/14/2018 | **Monday-Wednesday-Friday** 12:30pm to 5:30pm

Tuesday-Thursday 12:30pm to 5:30pm

Job Description: Under the direction of the manager of the Brain Injury Wellness Center (BIWC), an intern at the SLI BIWC will actively participate in administering an intensive physical fitness program for survivors of ABI. Responsibilities include assisting in taking physiological and functional measurements, assisting with exercise program design and providing one-on-one support to survivors of ABI. Candidates should have a working knowledge of physical fitness as it pertains to improving strength and cardiovascular fitness.

Please note there are two separate physical fitness internship offerings at SLI for the Fall of 2018, with one program running Monday-Wednesday-Friday and another program running Tuesday-Thursday.

Commitment: Interns will complete up to 150 hours of hands-on experience for the Monday-Wednesday-Friday internship, or up to 120 hours for the Tuesday-Thursday internship. Please note these are both unpaid positions.

Qualifications:

1. Undergraduate or graduate students looking to gain a basic understanding of, and comfort working with individuals living with and recovering from brain injury
2. Able to work both independently and as part of a team while effectively following the training guidelines established by the Program Manager. Field of study may include, but not limited to: exercise physiology, psychology, neuroscience, kinesiology, physical therapy, occupational therapy, health, sciences etc.
3. Able to assist in monitoring participant outcomes by recording health data that will be applied to improving the Center's brain injury rehabilitation program

For additional information please contact Harrison Carmichael, Manager of the Brain Injury Wellness Center, Supportive Living, Inc. at hcarmichael@supportivelivinginc.org or (781) 274-8711 or visit: www.supportivelivinginc.org